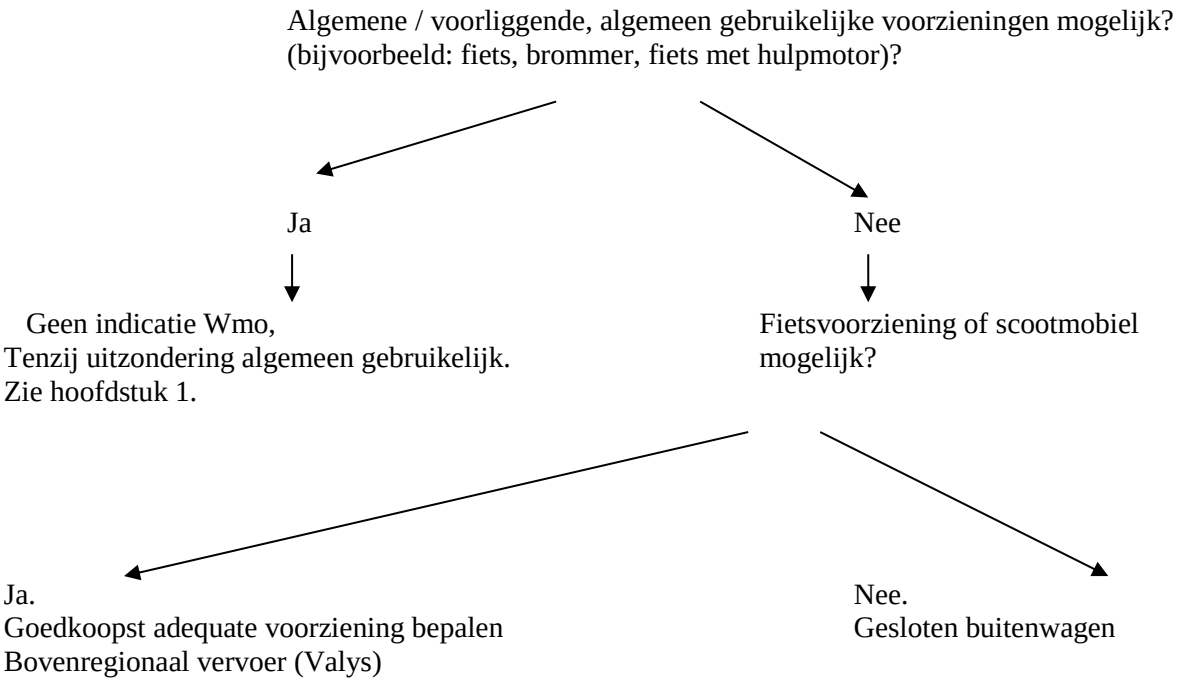**Schema 2: Korte / middellange afstanden**